



...the subjective characteristics of the
personal essay are not prominent values in
the science of today, nor are they part of the
growing efforts in the field of health policy to make
decisions based on quantitative measures ...yet...
the report of life events from an unabashedly
subjective **vantage point** remains a
powerful tool for focusing the human
mind.”

—F. Mullan



Life is **complicated**



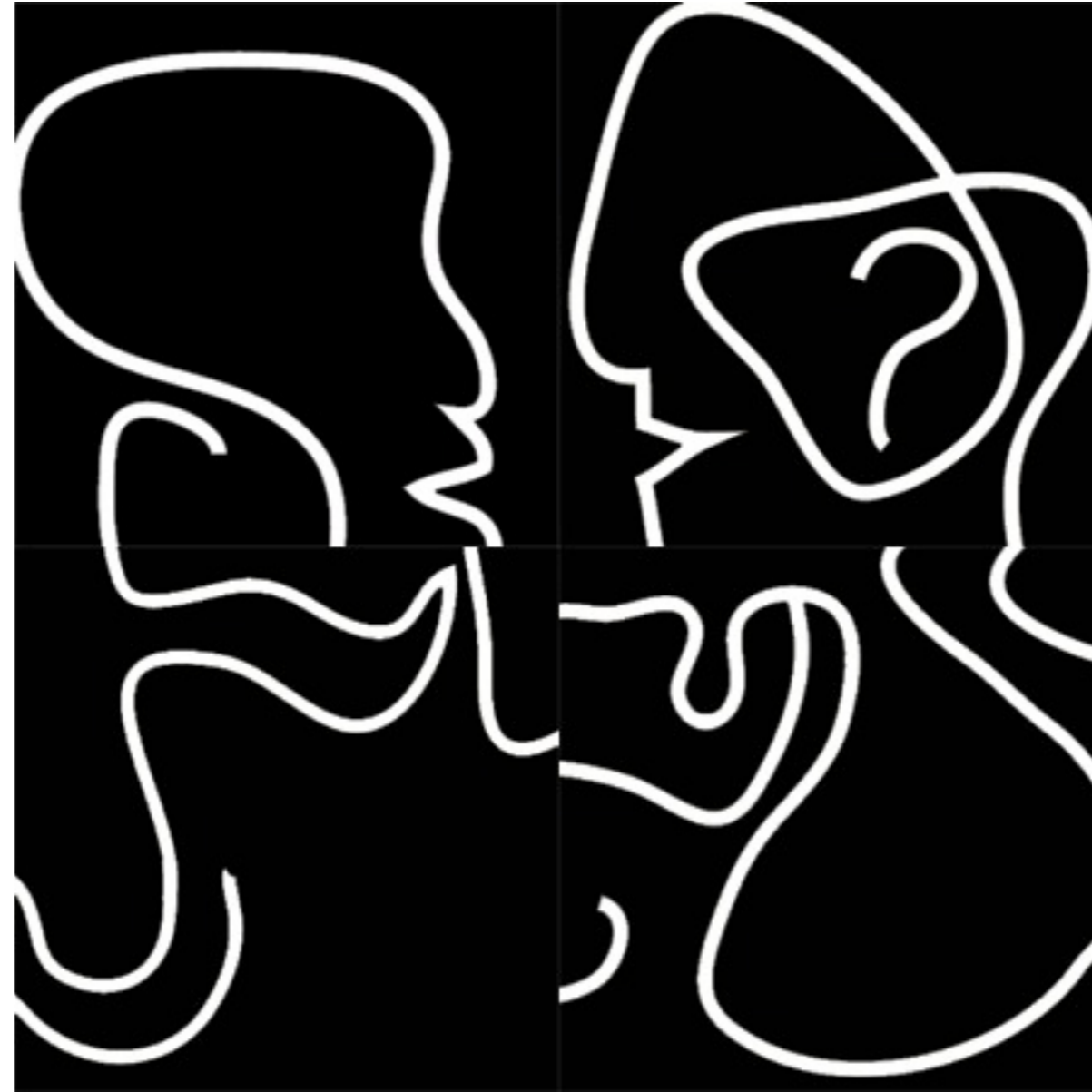
direction and **choices** can be **confusing**



telling your story can help



solutions become more **clear**



Storytelling fills in the missing element:
personal preference in proper context



Fill out an advance directive or a POLST
with **understanding** rather than **confusion**.